

# Plastic Hand Clapper Routine to "Hello"

From the CD "Monkey Business" by Stephen Fite

## Lyrics

## Actions

Hello, hello  
How is everybody today?

shake R 2x slow on off beat, then 2x L  
shake clapper fast down in front of body  
then hit thigh on off beat 2x

Hello, hello  
Is everybody ready to play?

shake R 2x slow on off beat, then 2x L  
shake clapper fast down in front of body  
then hit thigh on off beat 2x

Come on let's clap our hands  
Come on and clap your hands now

hit hands together 4x on off beat  
clap 2x fast after the word "now"

Hello, Hello  
How is everybody today?

shake R 2x slow on off beat, then 2x L  
shake clapper fast down in front of body  
then hit thigh on off beat 2x

Hello, Hello  
We're gonna have some fun today

shake R 2x slow on off beat, then 2x L  
shake clapper fast down in front of body  
then hit thigh on off beat 2x

Come on let's shake our legs  
Come on and shake your legs now

funky chicken legs, hit clapper on legs  
slap legs 2x fast after the word "now"

Put your hands in the air  
Like you just don't care  
And shake them all around  
Now let that rhythm get ahold of you  
And shake your body to the ground

side step two R - push arms up to R  
side step two L - push arms up to L  
turn circle L - 4 steps - start with R foot  
4 kicks R,L,R,L - opp. arm touches toe  
twist down to ground - shake clapper

Come on won't you show me how to shake it now  
Come on won't you show me how to shake it now  
Come on won't you show me how to shake it now  
(Brief instrumental part)

shake clapper fast and low  
shake clapper fast at waist level  
shake clapper fast above head  
shake clapper and do quick jogs in place

Hello, hello  
How is everybody today

shake R 2x slow on off beat, then 2x L  
shake clapper fast down in front of body  
then hit thigh on off beat 2x

Hello, hello  
We're gonna move our bodies this way

shake R 2x slow on off beat, then 2x L  
shake clapper fast down in front of body  
then hit thigh on off beat 2x

Come on let's twist our hips  
Come on and twist your hips now

do the twist, hit clapper on hips 4x on off beat  
slap hips 2x fast after the word "now"

Hello, hello, hello, hello, hello, hello, hello

shake R 2x slow on off beat, then 2x L - Repeat  
walk forward 4x slow, walk back 8x fast shake  
hit hands together 4x on off beat

Come on let's clap our hands  
Come on and clap your hands now  
Come on let's shake our legs  
Come on and shake your legs now  
Come on let's twist our hips  
Come on and twist your hips now  
Come on and let's say hello  
Come on and say hello now

clap 2x fast after the word "now" and wait 6 cts  
funky chicken legs, hit clapper on legs  
hit legs 2x fast after the word "now" and wait 6 cts  
do the twist, hit clapper on legs 4x on off beat  
slap hips 2x fast after the word "now" and wait 6 cts

Hello

shake R 2x slow on off beat  
shake L 2x slow on off beat  
shake clapper fast down in front of body  
raise clapper to ceiling and yell "Hello"