

## Balloon Routine to "Heal the World"

By: Michael Jackson from the CD "Michael Jackson's Greatest Hits HIStory Vol. 1" (Music stopped early due to length of song)  
 Sign Language Book Reference: *Signing Exact English* by Esther Zawolkow, Lilian Lopez (Illustrator)

### Lyrics

There's a place in  
 Your heart  
 And I know that it is love  
 And this place could  
 Be much  
 Brighter than tomorrow  
 And if you really try  
 You'll find there's no need  
 To cry  
 In this place you'll feel  
 There's no hurt or sorrow

There are ways  
 To get there  
 If you care enough  
 For the living  
 Make a little space  
 Make a better place...

Heal the world  
 Make it a better place  
 For you and for me  
 And the entire human race  
 There are people dying  
 If you care enough  
 For the living  
 Make a better place  
 For you and for me

(Instrumental Interlude)

If you want to know why  
 There's a love that  
 Cannot lie  
 Love is strong  
 It only cares for  
 Joyful giving  
 If we try  
 We shall see  
 In this bliss  
 We cannot feel  
 Fear or dread  
 We stop existing and  
 Start living

Then it feels that always  
 Loves enough for  
 Us growing  
 So make a better world  
 Make a better world...

Heal the world  
 Make it a better place  
 For you and for me  
 And the entire human race  
 There are people dying  
 If you care enough  
 For the living  
 Make a better place  
 For you and for me

### Actions

**Throw and catch 10x**

**Put balloon between feet**

**Sign language  
 (choose meaningful words that  
 you wish to emphasize during the  
 chorus)**

**Pick up balloon**

**Pass balloon around waist 4x**

**Lunge R - push out balloon 1x  
 Return to center- pull in balloon 1x  
 Lunge L - push out balloon 1x  
 Return to center- pull in balloon 1x  
 Lunge R - push out balloon 1x  
 Return to center- pull in balloon 1x  
 Lunge L - push out balloon 1x  
 Return to center- pull in balloon 1x**

**Tap knee with balloon -  
 alternate R and L - 4 total**

**Put balloon between feet**

**Sign language  
 (choose meaningful words that  
 you wish to emphasize during the  
 chorus)**

### Lyrics

And the dream we were  
 Conceived in  
 Will reveal a joyful face  
 And the world we  
 Once believed in  
 Will shine again in grace

Then why do we keep  
 Strangling life  
 Wound this earth  
 Crucify its soul  
 Though it's plain to see  
 This world is heavenly  
 Be god's glow

We could fly so high  
 Let our spirits never die  
 In my heart  
 I feel you are all  
 My brothers  
 Create a world with  
 No fear  
 Together we'll cry  
 Happy tears  
 See the nations turn  
 Their swords  
 Into plowshares  
 We could really get there  
 If you cared enough  
 For the living  
 Make a little space  
 To make a better place...

Heal the world  
 Make it a better place  
 For you and for me  
 And the entire human race  
 There are people dying  
 If you care enough  
 For the living  
 Make a better place  
 For you and for me

Heal the world (*key raises*)  
 Make it a better place  
 For you and for me  
 And the entire human race  
 There are people dying  
 If you care enough  
 For the living  
 Make a better place  
 For you and for me

Heal the world (*key raises*)  
 Make it a better place  
 For you and for me  
 And the entire human race  
 There are people dying  
 If you care enough  
 For the living  
 Make a better place  
 For you and for me

### Actions

**Pick up balloon**  
**Walk forward diagonal R**  
**4 steps, lift balloon**  
**Walk back 4 steps, lower balloon**  
**Turn R circle hold balloon**  
**straight out – 4 cts.**  
**Repeat above circle left – 4 cts.**

**Walk forward diagonal L**  
**4 steps lift balloon**  
**Walk back 4 steps, lower balloon**

**Turn R circle hold balloon**  
**straight out – 4 cts.**  
**Hold balloon low, medium, and**  
**release high into the air on "glow"**

**Tap balloon in air**

**Put balloon between feet**

**Sign language  
 (choose meaningful words that  
 you wish to emphasize during the  
 chorus)**

**Pick up balloon quickly**

**one steps R & L wave balloon in air**

**Hold balloon against chest**  
**Point to audience on you**  
**throw balloon in air on "for me"**  
**Let balloon fall to the floor**

**1 steps side to side and clap**  
**above head on off beats**

**Point to audience on "you",**

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point to self on "me" (Stop music here)