

# God Bless the USA, from the CD Lee Greenwood's Greatest Hits

## Sparkle Wand Routine

(Thank you to Deon Hall, Emporia, KS, for sharing this routine with me many years ago.)

### Lyrics

### Actions

Intro. **MUSIC ONLY**

wands down at sides-16 small circles

Part A **LYRICS BEGIN**

"if tomorrow"

LF arm down and RT arm straight out in front of body  
circle RT 8 cts,

"and I had to start again"

switch arms and circle LF 8 cts

"I thank my lucky stars"

sweep RT arm in front of body to R "V" position 4 cts

" to be living here today"

sweep LF arm in front of body to L "V" position 4 cts

"Cause the flag still stands for freedom"

both arms straight up waving action starting RT 12X

Part B

"I'm proud to be an American"

RT arm circles down, bk and up 2X - then LF arm up 2X

"I won't forget"

Lunge side R,L,R,L - 2 cts each - wand moves with lunge

"stand"

go down to RT knee, wands crossed in front

touching the floor (all of this takes only 1 ct)

"up"

stand up in straddle position, arms up in big "V" - 1 ct

"next to you"

shake wands 3 cts

"and defend her still today"

march R,L,R,L - 4 cts - lowering wands down to sides

"ain't no doubt"

arms out at low sides twist RT, CT, LF, CT, RT, CT, LF, CT

(1 ct each direction on twists)

U S "A" (this move is actually done on "A")

sweep wands down, cross, up, & around, slow 8 cts

**MUSIC ONLY**

wands down at sides-8 small circles

**LYRICS BEGIN**

Part C

"From the lakes of Minnesota"

step to straddle, wands in front of body facing down

bush wands RT and LF 4X total

"hills of Tennessee"

4 rolling actions with both wands straight out in

front of body (start LF end RT)

"across the plains of Texas"

same as above action but go RT to LF

"from sea to shining sea"

wands in front of body facing down, brush RT and LF -

4X total

"from Detroit down to Houston"

RT stick up to L diagonal and back down to RT side

"from New York to LA"

LF stick up to R diagonal and back down to LF side

"Well there's pride in every American heart"

swim crawl action-forward arms one at a time

RT, LF, RT, LF 4X (end with both arms down at sides)

"And it's time we stand and say"

wands cross in front of body at waist, then open out,

cross, out, cross, out, cross, out 8 cts

Part B

"And I'm proud to be an American"

repeat Part B - 2X

Ending - "U, S, A"

knee bend sweep down to RT knee on "A" -shake wand