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Winter Holidays Include Fun Games in Physical Education

As the Winter holidays approached, we took a break from our ball skills unit to play some holiday games. It was great fun!



We read the book, *Bear Stays Up For Christmas* and played a tag game called Grizzly Bear. Children quietly approached the bears and when the bears woke up, the children ran to their base.



It was great fun playing "Run Reindeer Run." Students were reindeer and the mats were the rooftops. Music was the magic that helped the reindeer fly. As the music played, students ran in a circle, touching every rooftop. When the music stopped, students stopped. If they were on a rooftop they were safe. If they were caught off a rooftop three times, they had to go to the reindeer hospital and get some exercise in order to return to the game.



We used rolled up pieces of paper to have a snowball fight during the song, "The Christmas Paper Party" by Cat Paws and Company.

