

## Giant Lummi Stick Routine to "Boom da Boom"

From the CD "Radio Disney Jams vol. 2"

This routine is fun to do with foam swim noodles that are cut in half. The students enjoy the extra length of the noodles and the option of standing to perform the skills. This routine can also be done using regular lummi sticks or can be done sitting down with a few minor adaptations. Another benefit is that the swim noodles are quieter than lummi sticks, making the music easier to hear. Swim noodles come in a variety of colors, making a performance bright and cheery!

### Lyrics

*(Intro. -stand and face partner - wait 4 cts)*

Boom da boom  
Boom boom da boom  
Boom da boom  
Boom boom da boom

### Actions

noodles down at sides, slap sides of legs 8x on off beat

*Instrumental - 16 cts.*

noodles held upright and tap together in front of body 8x on off beat

It was the middle of the night  
In the middle of a dream  
I was surrounded by water  
Being carried downstream  
The next thing I knew  
I was hangin' with  
Alice in Wonder-  
land Mickey Mouse  
Was the drummer of the band

hit partner noodle R to R 2x, then hit own noodles together 2x  
hit partner noodle L to L 2x, then hit own noodles together 2x  
hit partner noodle R to R 2x, then hit own noodles together 2x  
hit partner noodle L to L 2x, then hit own noodles together 2x  
1 person places noodles in middle while partner taps the sides 2x, then tap own together 2x  
Switch and let other person tap sides of noodle 2x,  
then tap own noodles together 2x  
1 person places noodles in middle while partner taps the sides 2x, then tap own together 2x  
Switch and let other person tap sides of noodle 2x, then tap own together 2x

He goes Boom da boom  
Boom boom da boom  
Boom combination happens 3x more

On "Boom" -Tap partner's noodle quickly (swordfight style) R, L, R, L  
tap own noodles together in front 4x  
The above actions are repeated 3 more times for all the "Booms"

Out of the blue  
Was in the happiest place there were  
101 Dalmations  
Licking my face  
I didn't know I was up til I  
saw Snow White  
She said no need to worry  
Those doggies don't bite

hit partner noodle R to R 2x, then hit own noodles together 2x  
hit partner noodle L to L 2x, then hit own noodles together 2x  
hit partner noodle R to R 2x, then hit own noodles together 2x  
hit partner noodle L to L 2x, then hit own noodles together 2x  
1 person places noodles in middle while partner taps the sides 2x, then tap own together 2x  
Switch and let other person tap sides of noodle 2x, then tap own together 2x  
1 person places noodles in middle while partner taps the sides 2x, then tap own together 2x  
Switch and let other person tap sides of noodle 2x, then tap own together 2x

Just ask Sleepy, and Sneezy  
They'll tell you it's true  
It's so easy to make friends  
With the Disneyland Crew and then  
Chitty Chitty Bang Bang came to  
Give me a ride  
I reved up the motor  
And we started to fly

R noodle brushes the floor forward and back by R side, then tap noodles together 2x in front  
L noodle brushes the floor forward and back by L side, then tap noodles together 2x in front  
both noodles brush the floor forward and back by sides, then tap noodles 2x in front - 4 cts  
both noodles brush the floor forward and back by sides, then tap noodles 2x in front - 4 cts  
R noodle brushes the floor forward and back by R side, then tap noodles together 2x in front  
L noodle brushes the floor forward and back by L side, then tap noodles together 2x in front  
both noodles brush the floor forward and back by sides, then tap noodles 2x in front - 4 cts  
both noodles brush the floor forward and back by sides, then tap noodles 2x in front - 4 cts

Dey goes Boom da boom  
Boom boom da boom  
Boom combination happens 3x more

On "Boom" -Tap partner's noodle quickly (swordfight style) R, L, R, L  
tap own noodles together in front 4x  
The above actions are repeated 3 more times for all the "Booms"

*Instrumental - 16 cts*

Mirror partner -step to side 2 slow cts as noodle touches floor for 2 cts,  
bring feet together on next 2 cts and touch noodle high 2 cts - repeat all  
Same as above but side step back the other direction

"Boom da Boom" foam noodle lummi stick routine - Page 2 of 2

Mirror Mirror on the Wall	toss R noodle up in air in a vertical position and catch - 2cts, tap noodles together 2x on "wall"
Who is the fairest one of all?	toss L noodle up in air in a vertical position and catch - 2cts, tap noodles together 2x on "all"
I'm Prince Charming and I'm taking cinder- ella to the ball	wave noodles side to side R,L,R, L, like windshield wipers 4x tap noodles together 4x
Zippity do da	toss R noodle up in air in a vertical position and catch - 2cts, tap noodles together 2x on "do"
Zippity A	toss L noodle up in air in a vertical position and catch - 2cts, tap noodles together 2x on "A"
My oh my what a wonderful day	wave noodles side to side R,L,R, L, like windshield wipers 4x tap noodles together 4x
We got Goofy on guitar	step out with R foot and do 4 quarter turns to the L - tap noodles together 4x on the off beat
And Donald Duck's on bass	
With Mickey Mouse on drums	step out with L foot and do 4 quarter turn to the R - tap noodles together 4x on the off beat
You know they rockin da place	
Day go boom da boom	On "Boom" - Tap partner's noodle quickly (swordfight style) R, L, R, L
Boom boom da boom	tap own noodles together in front 4x
Boom combination happens 3x more	The above actions are repeated 3 more times for all the "Booms"
<i>Instrumental</i>	R noodle brushes the floor forward and back by R side, then tap noodles together 2x in front
 	L noodle brushes the floor forward and back by L side, then tap noodles together 2x in front
<i>(trumpet enters)</i>	both noodles brush the floor forward and back by sides, then tap noodles 2x in front - 4 cts
Boom da boom (very soft)	both noodles brush the floor forward and back by sides, then tap noodles 2x in front - 4 cts
Boom boom da boom	R noodle brushes the floor forward and back by R side, then tap noodles together 2x in front
Boom da boom	L noodle brushes the floor forward and back by L side, then tap noodles together 2x in front
Boom boom da boom	both noodles brush the floor forward and back by sides, then tap noodles 2x in front - 4 cts
Boom	touch R noodle to floor and flip 1/2 turn to catch other end - takes 2 cts
Da boom	touch L noodle to floor and flip 1/2 turn to catch other end - takes 2 cts
Boom boom da boom (music fades)	tap noodles together 4x in front of body
<i>(Music is over)</i>	hit both noodles down to floor (one at each side) and freeze on last count yelling "boom"